



MINISTERS



Liturgical Appointments for
March 11/12, 2017

	Ministers of Altar	Ministers of Hospitality	Ministers of Word	Ministers of Holy Communion
5:30 p.m.	Ryan Ludwick	Dean Otworth	Taryn Hastings	Cherri Grasso
				Volunteer
				Volunteer
8:00 a.m.	Sophia Michael	Mike Moses	Jim Winner	Denise Battistine
		Jeff Bedard		Jim Lehn
				Gayle Paetzel
10:00 a.m.	Zachary Humphries	Spencer Brown	Jerry Piezer	Jill Hopper
	Audrey Barry	Ethan Humphries		Patty Reinholz
				Jamie Corns



MASS SCHEDULE

Sunday, March 5

7:40 a.m. **RADIO ROSARY BROADCAST**
 8:00 a.m. Christina Carinato
 (Clem & Rosemarie Moenster)
 10:00 a.m. Rose & Vic deMilliano, Eleanor,
 Jim & Alice Solley, Nellie Ponce,
 Crystal McNichols, Gil & Eleanor Demille,
 Vic & Alida de Milliano
 (Maryanne deMilliano)

WLRU BROADCAST

Monday, March 6

10:00 a.m. **RADIO ROSARY BROADCAST**

Tuesday, March 7

9:15 a.m. Shine Frydryk Birthday Remembrance,
 March 6 (Karl Frydryk)

Thursday, March 9

7:00 p.m. Joe Carlier Anniversary, March 4th
 (Loretta Dean)

WLRU BROADCAST

Saturday, March 11

9:00 a.m. Roslyn Boyd (George Thelen)
 5:30 p.m. Jack Boler Anniversary, March 10th
 (Cookie Boler)

Sunday, March 12

7:40 a.m. **RADIO ROSARY BROADCAST**
 8:00 a.m. Jim Dean Anniversary, March 13th
 (Loretta Dean)
 10:00 a.m. Thelma Schweitzer & Marion Neiser
 (Ralph & Linda Schweitzer)

WLRU BROADCAST



Weekly Need \$ 4,500.00

Collection for February 25/26

Envelopes & Loose..... \$ 4,764.00
 Variance +\$ 264.00
 (3 ☺☺☺)

School Support: \$179.00Building Fund: \$0.00
 St. Vincent de Paul: \$139.00Votives: \$33.00
 Buck-a-Month: \$0.00... *Catholic Telegraph*: \$24.00

Collection for February 18/19

Envelopes & Loose..... \$ 4,103.00
 Variance-\$ 397.00
 (4 ☹☹☹☹)

School Support: \$280.00.... Building Fund: \$357.00....
 St. Vincent de Paul: \$277.00.... Votives: \$51.00....
 Buck-a-Month: \$4.00... *Catholic Telegraph*: \$61.00...
 Mass Stipends: \$10.00



YTD NEED STARTING 7/3/2016 \$ 152,500.00
 YTD COLLECTED \$ 167,276.00
 VARIANCE +\$ 14,776.00





BENEDICTION EVERY THURSDAY AT 6:30 P.M.



STATIONS OF THE CROSS EVERY FRIDAY DURING LENT AT 7:00 P.M.



\$280,000.00

Debt on Fr. Luehrmann Hall



BIRTHDAYS

March 6...Karen Kowalewsky
March 8...Mark W. Gillespie, Jayce Middleton
March 9...Blake Bagshaw, John Combs
March 10..Bridget Remsing, Michael Tamborski
March 11..Chuck Craycraft, Earl Kratzer, Nic Wells

THE "LIGHT IS ON" RETURNS

Individual Confessions will be heard on Monday, March 13th,
from 7:00-9:00 p.m. A good way to prepare for Easter.



OUR LADY OF FATIMA ANNIVERSARY

Would you invest 150 minutes spread over 5 months for an eternity in Paradise? You definitely should! 2017 is the 100th anniversary of Mary's appearance at Fatima, Portugal. Many faithful Catholics believe that this is the end of a century of terrible tribulation from the devil to test Christ's Church. To honor (and to offer reparation to) our Blessed Mother's Immaculate Heart, St. Mary and St. Benignus parishes will offer the Mercy Seat of Confession before Mass and Holy Rosary with meditation after Mass, the First Saturday May through October. Mass times will be the same: 9:00 a.m. and 5:30 p.m. (Hillsboro) and 3:30 p.m. (Greenfield). The Virgin Mary said, "I promise to assist them at the hour of death with all the graces necessary for salvation of their soul." To partake, go to confession, communion, pray the Rosary and meditate for 15 minutes on the Rosary mysteries. This should be done for five consecutive first Saturday's.

Hand over da fries



an no one getz hurt

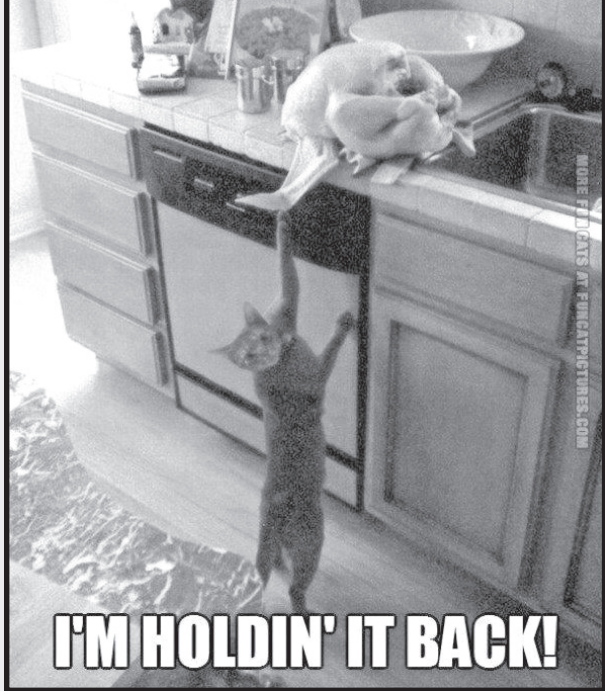
**CARRY ME TO MY
FOOD**



VIA 9GAG.COM

SLAVE

IT WAS GONNA JUMP!



MORE MEMES AT PINKCATPICTURES.COM

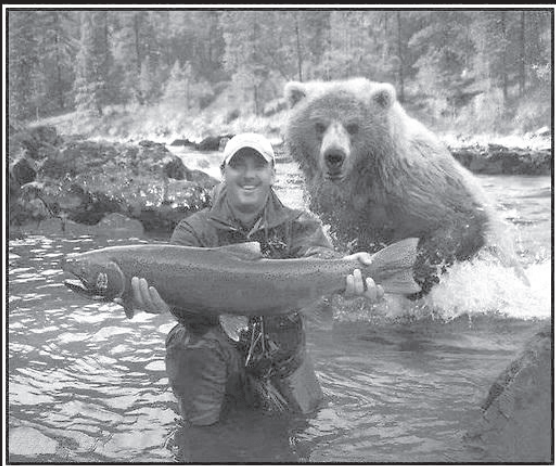
I'M HOLDIN' IT BACK!

I LOST 1 POUND THIS WEEK



TIME TO REWARD MYSELF!

quickmeme.com



**CATCH OF THE DAY
IN 3...2...1**

I so hungry I could eat a....



oh hey!

SERMON FOR FIRST SUNDAY IN LENT

I want to do something this Lent that I have never done before – FAST. Jesus expects all His followers to fast. In Matthew 6:16-18 Jesus does not say “If you fast” but rather “when you fast”. We see Jesus fasting for 40 days as he takes on the devil. I want to do a teaching sermon today on fasting based upon my research and study – what is fasting and how to do it, the benefits of doing it and why to do it.

THE WHAT AND HOW

Fasting is a temporary limitation of food and liquid into your body. It is best to start with a partial fast where you either skip a meal or just take in enough food and liquid to be safe. The best safe partial fast is called the “Daniel” fast named after the prophet Daniel whom the Bible mentions fasted at the most important times in his life. He ate only apples, rice and vegetables. Today dieticians call it the “Mediterranean” diet recommended for better health but Daniel was doing it thousands of years ago. You can include almonds in your fast because it is the number one health food.

You can gradually work up to a full day fast but be aware of any adverse effects. Obviously diabetics are not encouraged to do this type of fast. Feeling hungry or maybe a little less energy is normal. A headache is very common in fasting because so many people are addicted to caffeine found in coffee and pop. Before starting a fast, taper off from caffeinated drinks. Fasting without water is extremely dangerous and not to be done. Fasting for 40 days is not recommended. Only Jesus could pull that off.

BENEFITS OF FASTING

Do you realize that the body spends 65% of its energy digesting all the food Americans typically eat? That leaves only 35% energy for everything else you do. When you overeat your body can't do two important things – heal itself and cleanse itself. Fasting will give you these important benefits:

- Rests your digestive organs
- Puts more energy into healing and getting rid of poisonous toxins
- Increases mental activity
- And most importantly, enhances a spiritual connection with God.

THE WHY

Fasting “tunes” the soul to listen to God just like the tuner on your radio connects you to your favorite radio station (like WLRU). When fasting is coupled with prayer, you create a powerful spiritual force. By diverting energy from your belly to your soul, you can

- Hear God more clearly when making an important decision
- Have more power to overcome temptation
- Have more control over anger, impatience and bad thoughts
- Have more discipline in your speech and actions
- Have more perseverance in dealing with problems
- Have more grace to fight your inner demons

Remember the story when Christ's disciples could not cast out a demon? Jesus said, “This kind does not go out except by prayer and fasting.” (Matthew 17:21)

The purpose of fasting is to lead you closer to God, not lose weight. You don't do fasting to earn God's favor. You don't do fasting to punish yourself for sin. You don't do fasting to show off how good you are. Jesus says to fast in secret and your Father who sees in secret will reward you. (Matthew 6:16-18). Pray to the Holy Spirit to guide you on how often you should fast.

Happy Lent everyone... I'll be checking out Kroger's for any apple sales and stocking up on Rice A Roni The San Francisco Treat.