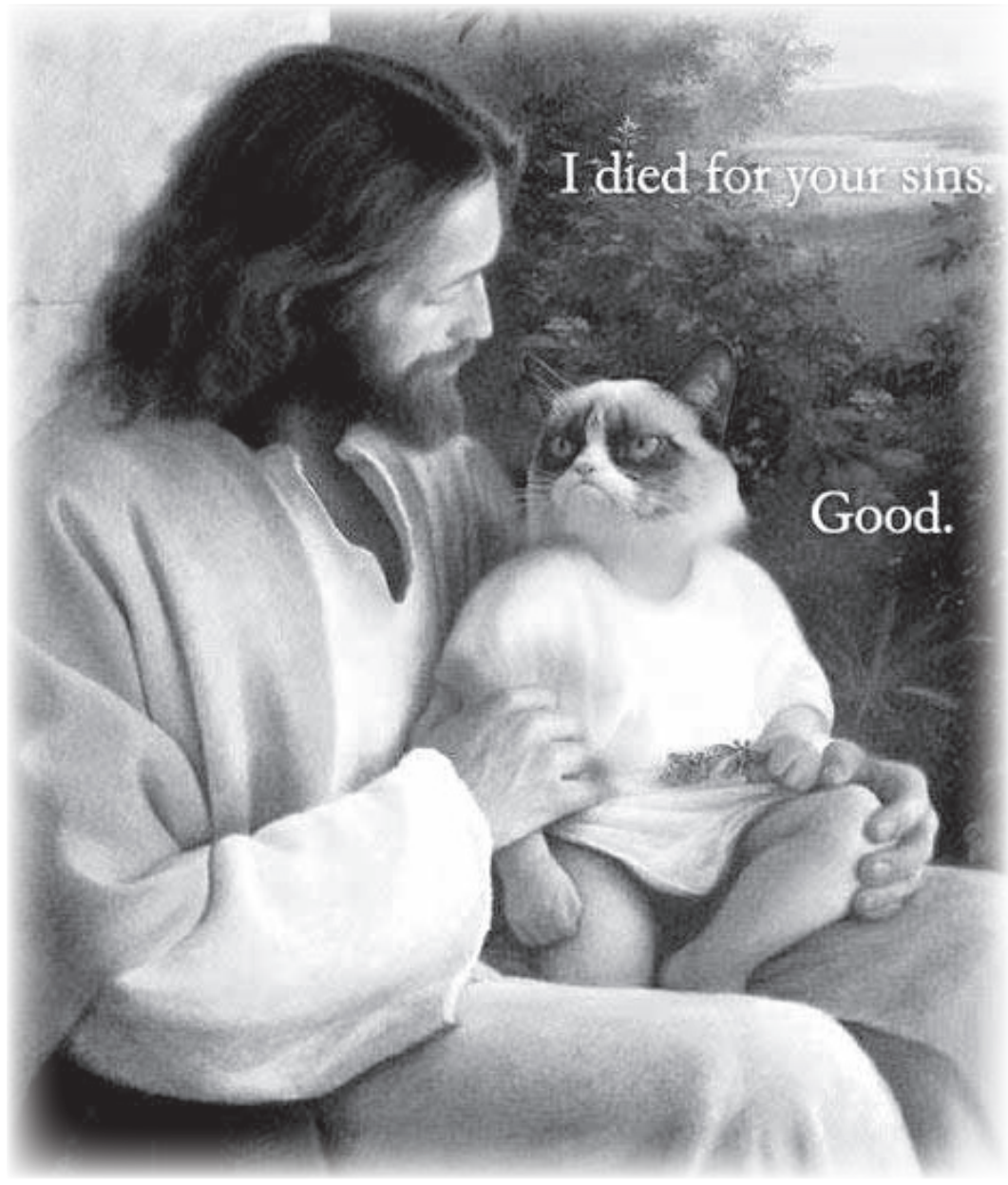


**Catechism
Quote of the Week**

1224 Our Lord voluntarily submitted himself to the baptism of St. John, intended for sinners, in order to “fulfill all righteousness.” 19

Jesus’ gesture is a manifestation of his self-emptying. 20

The Spirit who had hovered over the waters of the first creation descended then on the Christ as a prelude of the new creation, and the Father revealed Jesus as his “beloved Son.” 21 (536)



**FOR THOSE
NEEDING THE VIRTUE
OF PATIENCE,
HERE ARE SOME
QUOTES**

- Patience is not simply the ability to wait – it’s how we behave while we’re waiting.
- Patience, persistence and perspiration make an unbeatable combination for success.
- I am patient with stupidity, but not with those who are proud of it.
- There is something good in all seeming failures. You are not to see that now. Time will reveal it. Be patient.
- We could never learn to be brave and patient, if there were only joy in the world.
- Work hard. And, have patience. Because no matter who you are, you’re going to get hurt in your career and you have to be patient to get through the injuries.
- The key to everything is patience. You get the chicken by hatching the egg, not by smashing it.
- Have patience with all things, But, first of all with yourself.

Albert Einstein:

**“I fear for the day when technology overlaps with our humanity.
The world will only have a generation of idiots.”**



Having a Coffee..



Get together in a restaurant...



**Enjoying the beauty
in a Museum...**



**Pleasantly Chatting
in a cafe'...**



**Appreciating the Town
in a convertible...**



Having fun with the girlfriend...



At the Stadium supporting the team...



Enjoying a day at the Beach...

Einstein was right!!

FR. MIKE'S SERMON FOR BAPTISM OF JESUS

A rich city guy from Indian Hill, Cincinnati, bought a farm in Sinking Spring, where he planned to spend his days raising chickens, cutting alpaca hair, and cutting lots of fire wood to keep his fireplace hot during those cold winter nights.

He goes to the local hardware store to buy a saw. The salesman offers him the newest, most improved chainsaw, guaranteed to cut 10 cords of wood a day. The guy was pleased, so he bought it on the spot.

The next day, the city guy returns the saw to the hardware store, dismayed and exhausted. "This saw doesn't work well at all. I could cut seven cords of wood with my old saw. With this one, I could only cut three wood cords till I got too tired to cut anymore." The salesman was confused so he took the saw outside to the back of the store to try it on his own wood pile.

The salesman pulled the cord. The motor started right away with a loud VROOOM. The customer jumped back, frightened by the loud noise. He asked, "What's that loud noise? And why is that funny bicycle chain spinning?"

Just like that city slicker couldn't cut much wood without the power of the saw, we can't fully follow Jesus without the power of the Holy Spirit.

How do we increase the Holy Spirit in our soul? The three main ways to increase the Spirit power is to receive Holy Communion, pray and read the Bible. This is the main spiritual food for the soul. These three feed the soul just like protein, minerals and vitamins feed the body. As the body needs food every day, so you must feed your soul everyday with at least one of these three that the church calls "Fonts of Grace." Every morning, I say my prayers, then I eat five eggs. Theologians have a very scholarly name for this practice. It's called a "twofer."

There are seven ways to decrease the Holy Spirit power – the seven deadly sins. They are "deadly" because they lessen the life of God within you the same way Pop, cigarettes, bread and candy shorten your life and make death come quicker. Avoid these deadly sins at all cost – lust, over eating or drinking, greed, laziness, anger, jealousy, and pride. (They are also called lust, gluttony, greed, sloth, wrath, envy and pride.) These seven are like viruses in a computer that kills your hard drive. Do these seven long enough and you will infect your relationship with Jesus, separating you from Him.

If you get infected with these "Deadly Seven," do not despair. Jesus can cleanse and reboot your soul's hard drive if you install the "Seven Holy Virtues!" These are Purity removes lust, Moderation removes gluttony, Generosity removes greed, Enthusiasm removes sloth, Mercy removes wrath, Gratitude removes envy, and Humility removes pride.

A man who owned his own business once told me his philosophy about how much to pay his employees. He said, "If you only pay them peanuts, all you'll get is monkeys." If you love Jesus little, then your life will be small.